



THE SOCIETY OF CARDIOVASCULAR & PULMONARY REHABILITATION

2nd NATIONAL CONFERENCE OF THE CARDIOVASCULAR & PULMONARY REHABILITATION, PUNE

Dates: 13-14th September 2025 at Smt Kashibai Navale General Hospital Auditorium, Pune

Theme: 'Expanding Horizons in Cardiopulmonary Physiotherapy'

SCIENTIFIC PROGRAM

CPD Approved by



International Council of
Cardiovascular Prevention
and Rehabilitation (ICCPR)

DAY 1 - 13TH SEPTEMBER 2025

Time	Auditorium	Hall 1	Hall 2	Hall 3
8:00-9:00 AM	Registration & Breakfast			
9:00-9:30 AM	Elevating Practice: New Horizons in Cardiopulmonary Physiotherapy <i>Dr. Anjali Bhise</i> Chair: Dr Rohini Chandrashekar			
9:30-10:10 AM	Focus Symposium: "Bridging Recovery: Physiotherapy After Kidney Transplant – A Dual Perspective" <i>Dr. Khalil Khatib, Dr. T. Senthil Kumar, Dr. Sherlene Greenwoods</i> Chair: Dr. Veena Nambiar	Scientific Papers / Poster presentation 9:30 AM onwards		
10:10-10:40 AM	Early Mobility and Rehabilitation for Critically Ill Patients <i>Dr. Christiane Perme</i> Chair: Dr. Savita Ravindra			
10:40-11:00 AM	Fitness for Your Liver: The Power of Exercise in Healing <i>Dr. Harda Shah</i> Chair: Dr. Shilpa Parab			
11:00-11:15 AM	TEA BREAK			
11:15-12:15 PM	INAUGURATION			
12:15-12:35 PM	"Entrustable Professional Activities for Cardiopulmonary Physiotherapists—A Way Forward to Expand Horizons." <i>Dr. Narsimman Swaminathan</i> Chair: Dr. Praveen Kumar			

Time	Auditorium	Hall 1	Hall 2	Hall 3
12:35-12:55 PM	Exercise Interventions to Mitigate Chemotherapy-Induced Cardiotoxicity <i>Dr. SundarKumar Veluswamy</i> Chair: Dr. Rachana Arora			
1:00-2:00 PM	LUNCH			
2:00-2:30 PM	Steps to Stronger Lungs: Insights from Exercise Testing <i>Dr. Shirley Ngai</i> Chair: Dr. Sudeep Kale			
2:30-3:15 PM	Panel Discussion: Building a Brighter Future of Cardiopulmonary PT <i>Dr. Sudeep Kale, Dr. Ujwal Yeole, Dr. Umanjali Damke, Dr. Pravin Kumar</i> Moderator: Dr. Savita Ravindra			
3:15-3:35 PM	Entrepreneurship <i>Dr. Snehal Deshpande</i> Chair: Dr. Seemi Retherkar	Skill stations (30 min each) 3:30-4:30 PM		
3:35-3:50 PM	The Role of Heart Health India Foundation <i>Mr. Ram Khandelwal</i> Chair: Dr. Manisha Hinduja	Diaphragmatic retraining in ICU <i>Dr. Madhura Patil, Dr. Anup</i>	Exercise Testing <i>Dr. Bela Agarwal, Dr. Greeshma Shenoy</i>	Airway clearance devices <i>Dr. Khyati Kothary, Dr. Sejal Bheda</i>
3:50-4:10 PM	"The Expanding Scope for Cardiac Rehabilitation" <i>Dr. Abraham Babu</i> Chair: Dr. Shambhovi Mitra	Chest X-rays <i>Dr. Shaswat Verma, Dr. Shreya Dhake</i>	Lymphedema <i>Dr. Siddhi Ghodge, Dr. Aditi Berry</i>	Resp PNF <i>Dr. Prajakta Patil, Dr. Ketki Ponde</i>
4:10-4:30 PM	Respiratory Muscle Assessment & Management in Spinal Cord Injury Patients			

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	Dr. Shambhovi Mitra Chair: Dr. Prajakta Patil			
4:30-5:00 PM	"Steps Toward Recovery: Patient Voices Their Physiotherapy Journey" Dr. Greeshma Shenoy, Dr. Asawari Page			
5:00-5:30 PM		BLS Workshop (Free) Dr. Parth Devmurari		
5:30 PM onwards	GB meeting			

DAY 2 - 14TH SEPTEMBER 2025

Time	Auditorium	Hall 1	Hall 2	Hall 3
8:30-9:00 AM	Breakfast			
9:00-9:30 AM	Cardiac Rehabilitation: Update on Exercise Prescription in Adult versus Paediatric Rehabilitation <i>Dr. Arun Maiya</i> Chair: Dr. T. Senthil Kumar			
9:30-10:00 AM	"Oxygen Beyond the ICU: Guiding Safe and Effective Use in Pulmonary Rehabilitation" <i>Dr. Rohini Chandrashekhar</i> Chair: Dr. Mariya Jiandani	Scientific Papers/Poster 9:30 AM onwards		
10:00-10:45 AM	Panel Discussion: Elevating Standards in Cardiac Rehabilitation <i>Dr. Rajesh Badani, Dr. Amit Walimbe, Dr. Mariya Jiandani, Dr. Savita Ravindra</i> Moderator: Dr. Asawari Page			
10:45-11:05 AM	Quality Indicator in Physiotherapy & Rehabilitation <i>Dr. Veena Nambiar</i> Chair: Dr. Anjali Bhise			
11:05-11:15 AM	Tea Break			
11:15-12:00 PM	Focus Symposium: Unmasking Sleep Apnea <i>Dr. Prabhudesai, Dr. Sumanta Ghosh, NIV Company Talk</i> Chair: Dr. Sunderkumar V			
12:00-12:20 PM	Metabolic Syndrome: The Modern Epidemic Within			

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	<i>Dr. Vimal Pahuja</i> Chair: Dr. Bela Agarwal			
12:20-12:50 PM	Bridging Imaging and Intervention: The Role of HRCT and Ultrasound in Cardiopulmonary Rehabilitation <i>Dr. Sonali Deshmukh, Dr. Prajakta Sahastrabudhe</i> Chair: Dr. Shaswat Verma			
12:50-1:10 PM	Outcome Measures in Cardiopulmonary PT <i>Dr. Anuprita Thakur</i> Chair: Dr. Kiran Pawar			
1:10-2:00 PM	LUNCH			
2:00-2:20 PM	Empowering Breath & Beat: AI-Enabled Innovation in Cardiopulmonary Physiotherapy Across Teaching, Research & Practice <i>Dr. Tarpan Shah</i> Chair: Dr. Varoon Jaiswal	Skill station (30 mins) 2:30-3:00 PM & 3:00-3:30 PM		
2:20-3:00 PM	"Panel Discussion: From Failure to Hope: The Bridge to Cardiac Transplantation" <i>Dr. Anvay Mulay, Dr. Ranjit Joel (PT), Dr. Mihir Mehta (PT), Dr. Bijal Dodia (PT)</i> Moderator: Dr. Greeshma Shenoy	Interpreting PFT <i>Dr. Manisha Hinduja, Dr. Zahara Polen</i>	ABG <i>Dr. Gayatri Jere, Dr. Aditi Soman</i>	ICU equipments <i>Dr. Poonam Parulekar, Dr. Yogita Hathmode</i>
3:00-3:20 PM	Rethinking Student Assessment: Digital Tools for Today's Educators <i>Dr. Gaurang Baxi</i> Chair: Dr. Shweta Manwadkar	IMT <i>Dr. Rachana Arora, Dr. Isha Trivedi</i>	Thoracic mobilization <i>Dr. Prajakta S, Dr. Ruchita Killedar</i>	Every Breath Counts: Assessment of Breathing <i>Dr. Mayura Deshmukh</i>
3:20-3:40 PM	The Clock Within: Unraveling the Sleep & Cardiovascular Health Connections			

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	<i>Dr. Saurabh Thosar</i> Chair: Dr. Dipmala Silajiya			
3:40-4:00 PM	Sustainable & Accessible Nutrition <i>Ms. Ketki Nene</i> Chair: Dr. Sneha Katke			
4:00-4:40 PM	"Panel Discussion: Advocacy in Pulmonary Rehabilitation – Centre & Tele-Based Rehabilitation" <i>Dr. Himanshu Pophale, Dr. Poorvi Devani, Dr. Sayli Rane, Dr. Y. Pallavi, Dr. Shruti Sahastrabudhe</i> Moderator: Dr. Manisha Hinduja			
4:45-5:15 PM	VALEDICTORY			