



## **SOCIETY OF CARDIOVASCULAR & PULMONARY REHABILITATION**

### **2<sup>nd</sup> NATIONAL CONFERENCE OF THE SOCVPR, PUNE**

**Dates:13-14<sup>th</sup> September 2025 at Smt. Kashibai Navale Medical College Auditorium, Pune**

**Theme: 'Expanding Horizons in Cardiopulmonary Physiotherapy'**  
**Scientific program**

<b>Day 1 -13<sup>th</sup> September 2025</b>		
<b>Time</b>	<b>Auditorium</b>	
8-9 am	<b>Registration &amp; Breakfast, Networking</b>	
9-9.30 am	<b>Key note: Elevating Practice: New Horizons in Cardiopulmonary Physiotherapy</b> Dr. Anjali Bhise	
9.30-10.10 am	<b>Focus Symposium: Bridging Recovery: Physiotherapy After Kidney Transplant – A Dual Perspective</b> Dr Senthil Kumar , Dr Sherlene Greenwoods	
10.10-10.40.am	<b>Physiotherapy for critically ill patients</b> Dr Christiane Perme	
10.40 -11am	<b>Fitness for your liver : The Power of exercise in healing</b> Dr Harda Shah	
11-11.15am	<b>Tea break</b>	
11.15-12.15am	<b>Inauguration</b>	
12.15-12.55pm	<b>Panel discussion: Building brighter future of cardiopulmonary PT</b> <b>Dr Sudeep Kale , Dr Umanjali Damke ,Dr Ujwal Yeole</b> Moderator: Dr Mariya Jiandani	
12.55- 1.15 pm	<b>Exercise interventions to mitigate chemotherapy induced cardiotoxicity</b> Dr Sundar Kumar Veluswamy	<b>Poster presentation 12 to 1.15pm</b>
1.15-2.15 pm	<b>Lunch</b>	
2.15- 2.45 pm	<b>Bridging Imaging and Intervention: The Role of HRCT and Ultrasound in Cardiopulmonary Rehabilitation</b> Dr Sonali Deshmukh ,Dr Prajakta S	<b>Scientific Papers (2 to 3.30pm)</b> <b>(Hall 1,2,3)</b>

2.45- 3.05 pm	<b>Respiratory muscle assessment &amp; Management in spinal cord injury patients</b> Dr Shambhovi Mitra			
3.05-3.25	<b>Entrepreneurship</b> Dr Snehal Deshpande	<b>Skill stations (Hall 1,2,3) 30min each</b>		
3.25- 3.45 pm	<b>Patient support group talk –Heart Health India Foundation</b> Mr Ram Khandelwal	<b>Diaphragmatic retraining in ICU</b> Dr Madhura Patil	<b>Exercise testing</b> Dr Bela Agarwal Dr Greeshma Shenoy	<b>Airway clearance devices</b> Dr Khyati Kothary Dr Sejal Bheda
3.45- 4.05 pm	<b>The clock with in : Unraveling the sleep &amp; cardiovascular health connections</b> Dr Saurabh Thosar	<b>Chest Xrays</b> Dr Shaswat Verma Dr Shreya Dhake	<b>Assessment of Lymphedema</b> Dr Siddhi Ghodge	<b>Respi PNF</b> Dr Prajakta Patil Dr Ketki Ponde
4.05- 4.35 pm	Topic to be announced  Dr Shirley Ngai			
4.35- 5.10 pm	<b>Steps Toward Recovery: Patients Reflect on Their Physiotherapy Journey</b> Dr Asawari Page & Dr Greeshma Shenoy			
5.30-6.30 pm	<b>GB Meeting</b>			

**Day 2 -14<sup>th</sup> September 2025**

Time	Auditorium		
8.30- 9 am	Breakfast		
9-9.30 am	Cardiac Rehabilitation: Update on exercise Prescription in adult versus paediatric rehabilitation. Dr Arun Maiya		
9.30-10 am	Oxygen Beyond the ICU: Guiding Safe and Effective Use in Pulmonary Rehabilitation"  Dr Rohini Chandrashekhar		
10- 10.45 am	Panel discussion: Elevating Standards in Cardiac Rehabilitation  Dr Rajesh Badani , Dr Amit Walimbe ,Dr Mariya Jiandani , Dr Savita Ravindra Moderator : Dr. Asawari Page		
10.45-11.05am	Outcome measures in cardiopulmonary rehabilitation Dr Anuprita Thakur	Poster presentation	
11.05-11.15	Tea Break		
11.15- 12pm	Focus symposium : Unmasking sleep Apnea Dr Prabhudesai, Dr Sumanta Ghosh		
12- 12.30pm	Metabolic syndrome : The Modern Epidemic within . Dr Vimal Pahuja		
12.30- 1.00pm	To be announced	Scientific Papers (Hall 1,2,3)	
1.00- 2 pm	LUNCH		
2- 2.20 pm	Quality indicator in Physiotherapy & Rehabilitation Dr Veena Nambiar	Skill stations (Hall 1,2,3)	

2.20- 2.40 pm	To be announced	<b>Interpretating PFT</b> Dr Manisha Hinduja Dr Zahara Polen	<b>Breathing right with ABG</b> Dr Gayatri Jere Dr Aditi Soman	<b>ICU equipments</b> Dr Poonam Parulekar Dr Yogita Hathmode
2.40-3.20pm	<b>Panel discussion: From Failure to Hope: The Bridge to Cardiac Transplantation</b> Dr Anvay Mulay ,Dr Ranjit Joel, Dr - Mihir Mehta ,Dr Bijal Dodia  Moderator : Dr Greeshma Shenoy	<b>IMT</b> Dr Rachana Arora Dr Isha Trivedi	<b>Thoracic mobilization</b>  Dr Prajakta S	<b>Every breath counts: Assessment of Breathing</b> Dr Mayura Deshmukh
3.20-3.40pm	To be announced			
3.40-4.00pm	<b>Sustainable &amp; Accessible Nutrition</b> Ms Ketki Nene			
4.00- 4.40 pm	<b>Panel discussion Advocacy in Pulmonary rehabilitation – Centre &amp; Telebased rehabilitation</b> Dr Himanshu Pophale ,Dr Poorvi Devani , Dr Sayli Rane , Dr Shruti Shastrabuddhe,  Moderator: Dr Manisha Hinduja			
4.45-5.15 pm	<b>Valedictory</b>			